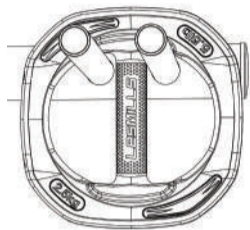
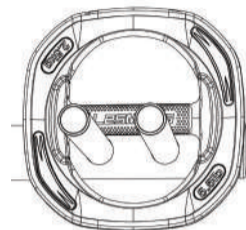


HOW TO STACK THE RACK SAFELY WITH YOUR LES MILLS SMARTBAR AND WEIGHT PLATES

Ensure your weight plate is up the correct way before placing on the rack.



Correct orientation



Incorrect orientation

Place your empty SMARTBAR vertically onto the rack next to the weight plates, raised off the floor.



The rack has weight identifiers, make sure you put your weight plate in the right place.

LES MILLS
SMARTBAR

lesmills.com/smartbar